

Resource Recommendations for South API 8/7/08

NVC

Nonviolent Communication Marshall Rosenberg
Speak Peace in a World of Conflict Rosenberg
Raising Children Compassionately Rosenberg
Respectful Parent, Respectful Kids Sura Hart
NVC Workbook Lucy Leu
Peaceful Living Patricia MacKenzie
Parent From the Heart Inbal Kashtan

The Art and Science of Parenting:

Becoming the Parent You Want to Be Laura Davis
The Natural Child Jan Hunt
Raising an Emotionally Intelligent Child John Gottman
Meta-emotions John Gottman
Beyond Discipline Alfie Kohn
Unconditional Parenting Alfie Kohn

The Neuroscience of Human Relationships Louis Cozolino
The Neuroscience of Psychotherapy Louis Cozolino
Why Love Matters Sue Gerhardt

Parenting For a Peaceful World Peter Grille
Emotional Intelligence Daniel Goleman
Vital Lies, Simple Truths Daniel Goleman

When Your Kids Push Your Buttons Bonnie Harris
Parenting from the Inside Out Daniel Siegel, M.D.
When Kids Are Mad, Not Bad Henry A. Paul
Explosive Child Ross Greene

Fathers:

The Gift of Fatherhood Aaron Hass
Landscape of the Heart Stephen Lyons
The Geography of Childhood Nathan Trimble

Love and Marriage:

Hold Me Tight Susan Johnson
The Marriage Clinic John Gottman
The Relationship Cure John Gottman
And Baby Makes Three John Gottman

The Transition to Parenthood Jay Belsky

A General Theory of Love Thomas Lewis, Fari Amini, and Richard Lannon

Mindfulness:

Mindfulness Ellen Langar

The Power of Mindful Learning Ellen Langar

Full Catastrophe Living Jon Kabat-Zinn

Everyday Blessings Jon and Myla Kabat-Zinn